

CLARKE COLLEGE SOFTBALL HITTING CLINIC - SESSION 2 OPEN TO GRADES 3-12

WHAT TO EXPECT

Hitting instruction in the following areas using tee work, live toss, and pitching machines:

- Developing bat speed and power
- Pitch selection
- Bunting
- Hitters are encouraged to bring their own bat and helmet

CLINIC DATE

SUNDAY, JANUARY 17 - SUNDAY, JANUARY 31, 2009

One hour sessions running at 2*, 3:15, 4:30 and 5:45

Limit 16 athletes per session

*2 p.m. session is reserved for beginners and younger grades

COST

Camp Fee \$65

Fee includes Clarke Softball t-shirt.

Please make checks payable to Clarke College Softball.

NOTE: Register for Sessions 1 and 2 at the **SAME TIME** to receive \$10 discount

CAMP LOCATION

Indoor Batting Cages
Robert and Ruth Kehl Center
Clarke College

ADDITIONAL INFORMATION

For additional information please contact Liz Garthright at (563) 588-6619 or liz.garthright@clarke.edu

REGISTER TODAY!

Registrations will be taken up to the day of the clinic. Keep in mind that sessions are assigned on a first come, first serve basis and there is a limit to 16 athletes per session. To ensure that your child has a t-shirt for the clinic, registration and payment must be received by

Friday, January 15, 2009

NOTE: Team registration - If 5 or more players register together, all players receive \$10 discount. **Must receive registrations together.**

Complete the Camp Registration Form and mail along with your \$65 check (payable to Clarke College Softball) to:

Liz Garthright
Head Softball Coach - Clarke College
1550 Clarke Drive
Dubuque, IA 52001



www.clarkecrusaders.com

PLEASE COMPLETE AND RETURN THIS PORTION WITH FULL PAYMENT.

HITTING CLINIC REGISTRATION FORM

Camper's Name _____ Age _____

School _____ Grade _____

Home Address _____

City _____

State _____ Zip _____

Home Phone (_____) _____

Mother's Name _____

Mother's Cell Phone (_____) _____

Father's Name _____

Father's Cell Phone (_____) _____

Parent's E-mail _____

Time Request _____

T-shirt Size: (circle one) Youth YS YM YL Adult AS AM AL AXL

HOLD HARMLESS AND HEALTH INFORMATION

Neither Clarke College nor the Clarke College Softball Clinic carries medical insurance for injuries sustained by participants. Therefore, the person responsible for participant should review his/her own health insurance policy for coverage. The absence of health insurance coverage does not make Clarke College or the Softball Clinic responsible for payment of medical expenses. As a parent/guardian/participant, I agree to assume the full risk and fully release and discharge members of the Clarke community, its directors, officers, trustees, agents, servants and employees for any injuries, including death, damages, or loss regardless of severity, which I or my child/ward may sustain as a result of any Softball Clinic activity. I agree to waive and relinquish all claims my child/ward or I may have as a result of participating in the Clarke College Softball Clinic against Clarke College and its directors, officers, trustees, agents, servants and employees, as well as to indemnify and hold harmless the aforementioned. In the event of an emergency, I authorize Clarke College Softball Clinic officials to secure treatment from any licensed hospital, physician, and/or medical personnel any treatment deemed necessary for me or my child/ ward's immediate care, and medical services required.

I have fully read and understand the above, and all information supplied by me is accurate and current to the best of my knowledge.

Date: _____ / _____ / _____

Participant's Name: _____

Birth date: _____ / _____ / _____

Parent/Guardian Name: _____

Parent/Guardian Signature: _____

Allergies: _____

Necessary Medical Information: _____

Medical Insurance Company: _____

Policy Number: _____

Dubuque Doctor/Hospital Preference: _____

If Parent/Guardian is unavailable, in the event of emergency, please contact:

Name: _____

Relationship: _____

Phone Number: _____

Notice: Distribution of this flyer doesn't constitute an endorsement by the Dubuque Community Schools. Printing cost paid for by sponsoring organization.

CLINIC STAFF

Liz Garthright

Coach Liz Garthright is in her second year as Clarke's head softball coach. She comes to Clarke from the University of Sioux Falls, where she served as the assistant softball coach. Coach Garthright was a member of the coaching staff that took USF to its first ever NAIA National Tournament appearance after winning the school's first ever conference championship and regional championship. Her playing career took place at the University of Sioux Falls, where she earned several awards and honors as the four-year starting catcher, and holds the school record for base runners thrown out in a single season. In Coach Garthright's 2 seasons at Clarke, the softball team has had 7 All-Conference players, 18 Academic All-Conference players and 6 Academic All-Americans.

Heather Steele

Heather Steele is in her first year as assistant coach. A former player for the Crusaders, Heather is second all-time in home runs at Clarke, and fourth all-time in slugging percentage. She was also two-time All-Conference.

Clarke Softball Team Members

Each clinic will also be assisted by current members of the Clarke Softball Team. Our team roster consists of athletes from both local and regional areas. The team members will be available to help you improve your softball skills!